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FOR IMMEDIATE RELEASE

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WIC farmer's markets coming to counties across Central Georgia

County Health Departments invite the community to visit

MACON – North Central Health District (NCHD) is hosting its annual farmer's markets for participants of the Women, Infants and Children (WIC) nutrition program at each of the 13 county health departments along with the Felton Homes and Department of Family and Children Services (DFCS) WIC Offices in Macon.

"We're always excited to host the WIC Farmer's Markets across our counties," said NCHD Nutrition Services Director Nancy Jeffery. "Each one of these events gives our WIC clients an opportunity to receive fresh produce for free at an accessible location. It's a great chance to try healthy fruits and vegetables that may not normally be available without travelling elsewhere."

This year, four of the markets will be partnering with agencies in order provide fresh foods to seniors and participants of the Head Start program. The markets in Crawford and Wilkinson Counties will work with local senior centers and those in Hancock County and at the Felton Homes WIC Office will pair with the local Head Start programs.

"Nutrition and access to healthy foods is important for everyone, no matter their age," said Jeffery. "Partnering with other organizations creates the chance to serve additional people that may not have reliable access to these fresh fruits and vegetables. Helping people get the foods they need is an essential building block for improving the overall health of our community."

Each farmer's market will offer free fruits and vegetables for WIC participants. Supplies are limited, so the market will operate on a first come, first served basis. WIC participants, or their designated alternates, must bring their WIC ID card to take advantage of these free markets. Attendees of the markets not enrolled in WIC may purchase fresh produce from vendors. NCHD encourages community members to come to one of the following:

July 2 & 3

8:30 a.m.–1 p.m.

Macon-Bibb County Health Department

171 Emery Highway

Macon, GA 31217

July 9

8:30 a.m.–1 p.m.

Twiggs County Health Department

26 Main Street

Jeffersonville, GA 31044

July 10

8:30 a.m.–1 p.m.

*Includes Senior Center Farmer's Market***Crawford County Health Department**

141 McCrary Avenue

Roberta, GA 31078

July 16

8:30 a.m.–1 p.m.

*Includes Senior Center Farmer's Market***Washington County Health Department**

201 Morningside Drive

Sandersville, GA 31082

July 17

8:30 a.m.–1 p.m.

*Includes Senior Center Farmer's Market***Wilkinson County Health Department**

123 High Hill Street

Irwinton, GA 31042

July 18

8:30 a.m.–1 p.m.

Jasper County Health Department

336 East Greene Street

Monticello, GA 31064

July 23 & 24

8:30 a.m.–1 p.m.

Houston County Health Department

98 Cohen Walker Drive

Warner Robins, GA 31088

July 25

8:30 a.m.–1 p.m.

Monroe County Health Department

106 Martin Luther King Boulevard

Forsyth, GA 31029

July 30

8:30 a.m.–1 p.m.

Jones County Health Department114 Forest Street
Gray, GA 31032**July 31**

8:30 a.m.–1 p.m.

Peach County Health Department406 East Church Street
Fort Valley, GA 31030**August 1**

8:30 a.m.–1 p.m.

Baldwin County Health Department953 Barrows Ferry Road
Milledgeville, GA 31061**August 6**

8:30 a.m.–1 p.m.

DFCS WIC Office456 Oglethorpe Street
Macon, GA 31201**August 7**

8:30 a.m.–1 p.m.

Putnam County Health Department117 Putnam Drive, Suite C
Eatonton, GA 31024**August 8**

8:30 a.m.–1 p.m.

*Includes Head Start Farmer's Market***Hancock County Health Department**516 Boland Street
Sparta, GA 31087**August 13 & 14**

8:30 a.m.–1 p.m.

*Includes Head Start Farmer's Market***Felton Homes WIC Office**150 Sessions Drive
Macon, GA 31210

WIC is a nutritional program that provides education, food supplements and referrals to health care providers to eligible women, infants and children. For more information about WIC, including eligibility guidelines, visit NCHD52.org/WIC.

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(1) mail:

U.S. Department of Agriculture
Office of the Assistant Secretary for Civil Rights
1400 Independence Avenue, SW
Washington, D.C. 20250-9410;

(2) fax: (202) 690-7442; or

(3) email: program.intake@usda.gov

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About North Central Health District

North Central Health District is a [nationally accredited public health provider](#) dedicated to preventing disease, promoting health and protecting Central Georgia communities against health threats through education, service, advocacy and collaboration. NCHD serves people of all classes and economic status within Baldwin, Crawford, Hancock, Houston, Jasper, Jones, Macon-Bibb, Monroe, Peach, Putnam, Twiggs, Washington and Wilkinson Counties. Appointments can be made for certain services. Fees are based on income for those without

insurance. For more information about NCHD, visit NCHD52.org and follow NCHD on [Facebook](#), [Twitter](#) and [Instagram](#).